

AFTERSCHOOL TRAINING TOOLKIT
Investigating Science Through Inquiry
My Pyramid

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My Pyramid Data Sheet

| | School Lunch Offerings | | | | |
|---------------------------------------------------|------------------------|---------|-----------|----------|--------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Grains Food Items % of meals | | | | | |
| Vegetables Food Items % of meals | | | | | |
| Fruits Food Items % of meals | | | | | |
| Oils Food Items % of meals | | | | | |
| Milk Food Items % of meals | | | | | |
| Meat and Beans Food Items % of meals | | | | | |